

### Itinerary

#### **April 7**

Arrival in Kathmandu where you will be met by our staff at the airport and transferred to the hotel.

#### **April 8**

Drive to Ramenchhap and overnight.

#### **April 9**

Ramenchhap flight to Lukla and trek to Monjo.

#### **April 10**

Uphill to Nameche Bazaar, the Sherpal 'capital' in the heart of the Khumbu region.

#### **April 11**

Acclimatisation day where you can rest or enjoy the sight and sounds of Namche.

#### **April 12**

Walk to Deboche, near the famous Thyangboche Monastery. The path out is initially steep and then opens out into a high valley, passing through villages before negotiating two steep hills.

#### **April 13**

A gradual gradient up to Dingboche. The path skirts the side of the valley with the river far below on your right and passing beneath the spectacular Ama Dablam.

#### **April 14**

Another acclimatisation day where you can rest or enjoy the neighbouring village of Pheriche.

#### **April 15**

Trek up the high valley to Lobuche, which is alongside the hug Khumbu Glacier.

#### **April 16**

Hike on the glacial moraine to the final settlement of Gorak Shep, the last outpost of a small collection of huts just below a shoulder of Mount Pumori, called Kala Patthar.

#### **April 17**

Summit Kala Patthar at dawn and trek to Everest Base Camp. Experience the magic of overnight at Everest Base Camp, surrounded by towering peaks under a canopy of stars. Capture the celestial wonder with optional astrophotography for an unforgettable evening.

#### **April 18 & 19**

Everest Base Camp, overnight in Pheriche and then again in Namche.

#### **April 20**

Descent - Monjo or Lukla. There is fluidity here pending team health and ambition for getting out early.

#### **April 21**

Descent to Lukla and overnight or possible flight to Ramenchhap and drive to Kathmandu. Flight to Ramenchhap in the morning and transfer to your hotel.

#### **April 22**

Fluidity here pending team health and ambition with rapid descent. Possible extra day in Kathmandu pending weather.

#### **April 23**

Fly home to country of origin.